

Community Center Update – September 2011
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Located in Lyndhurst Park, behind City Hall, the Lyndhurst Community Center is an ideal setting for your next family gathering. The Community Center can accommodate multiple functions in various sizes from small intimate gatherings to larger parties and receptions. So, whether you are planning to celebrate a birth, a graduation, a wedding or a life well lived; we have just the room(s) you need.

Please call the office, Monday – Friday to schedule a time to come in, tour our beautiful facility and discuss your plans and ideas for that special event in more detail. We will open the 2012 rental calendar for residents to book their personal events, on September 15, 2011. We look forward to hearing from you.

Be SAFE, stay HEALTHY –

With all of the advances, in science, medicine and technology one would think that “they” could re-create just about anything...but there is still NO substitute for human blood. To meet the needs here in NE Ohio, the goal of the local blood drives is to collect **900 units (pints) of blood a DAY**. The blood and blood products are then distributed to 57 local area hospitals in 19 counties for use in treating accident victims, cancer patients and those who may require it during surgery. For those people and their families blood is priceless, yet, it costs nothing to give other than a little bit of time. Unfortunately, only 37% of the population is eligible to donate and of that, only 4% actually do donate. So consider being someone’s HERO, and join me in donating blood at the next American Red Cross **BLOODMOBILE** held here in the Community Center on Thursday October 6 from 1:00 PM – 7:00 PM. Donors need to be 17 yrs old, (16 with a signed parental consent), weigh at least 110 lbs and be in general good health. Donors should also bring their Red Cross donor card or other form of positive ID. A healthy donor may safely donate blood every 56 days or six times a year.

The Cuyahoga County Board of Health provides an **Immunization Clinic**, throughout the year, on most Thursdays, here in the Community Center. These clinics provide all the same vaccines available at your local Doctor’s office, without the expense of a co pay or office visit. Unfortunately, the clinic is NOT ABLE to accommodate Walk-Ins. The nurses bring with them to the clinic only those vaccines needed to complete the scheduled appointments. **To schedule an appointment** call the Cuyahoga County Board of Health at **216-201-2041**.

Although school is already back in session, there is still plenty of time for riding bicycles before the weather changes so just a quick reminder of about our on- going **bike helmet program, Using Your Head**. Through our association with the Greater Cleveland SAFE Kids Coalition an affiliate of Rainbow Babies and Children’s’ Hospital we are able to bring you BELL helmets are at our cost of \$8.50. Because each helmet we sell is individually fit and sized for maximize protection, fittings are done by appointment

only. **During Home Days**, however I will be fitting helmets in the **Community Center lobby Saturday from 2pm - 5pm and Sunday from 2pm - 6pm** (or while supply lasts). No appointment needed.

The Community Center collects old cell phones, iPods and MP3 to benefit the American Cancer Society. These items do NOT have to work and can be dropped off to the Community Center anytime during business hours. This is an ongoing program

Watch for details - The plans for the 10th annual Children's Halloween party are currently being finalized and will be released shortly - You do not want to miss this FAMILY tradition.